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Pressure alterations along arterial tree during atrial fibrillation

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Atrial fibrillation (AF): the most common arrhythmia



RISKS

heart failure and stroke
 (responsible for 15-20% of total ischemic strokes)
 higher morbidity and mortality

AF CONSEQUENCES: AN OPEN QUESTION

 conflicting results in literature data
 oscillometric instruments do not work properly in AF
 AF usually arises with other concomitant pathologies

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Physically-based multi-scale mathematical model (1)

GEOMETRICAL DOMAIN (healthy young man)

Included elements

🚸 left heart

* mitral and aortic valves

***** 48 large/medium arteries

***** 18 micro-circulation districts

***** 24 arterial bifurcations

Excluded elements

right heart

🚸 venous return

coronary and cerebral circulations

Physically-based multi-scale mathematical model (2) EQUATIONS Suitable lumped sub-models Left ventricle Mitral and aortic valves Micro-circulation districts **1D** form of the mass and momentum balance equations Large/medium arteries Conservation of total pressure and mass is set at Arterial junctions NUMERICAL RESOLUTION Runge-Kutta Discontinuous-Galerkin scheme **CALIBRATION OF MODEL PARAMETERS *** normal hemodynamic results have to be reproduced as output ***** a periodic heartbeat period of 0.8s is imposed

Fibrillated sequence of heartbeat periods (RR)



AF FEATURES CONCERNED With respect to the Normal Sinus Rhythm (NSR) * reduced temporal correlation * increased temporal variability (higher standard deviation) AF FEATURES NEGLECTED * variation in mean heartbeat period/frequency in AF



PDF characterization



EXTREME VALUES

COEFFICIENT OF VARIATION

$$cv = \frac{\sigma}{\mu}$$

IN NSR A1 & A2 areas individuated by the 5th & 95th percentiles

> IN AF A1 increases up to A1' A2 increases up to A2'

Result I: pressure fluctuations in AF

cv VALUES Systolic pressure: 7-8% Diastolic pressure: 14-19% Pulse pressure: 3-10%





Horizontal lines indicate the *cv* ratios in NSR and AF on aortic valve

Result II: extreme events are dramatically frequent in AF



Percentile variations in AF (30 e 70) are constant along the arterial tree
Similar results are found for diastolic and pulse pressures, as well as for flow rates

Pressure fluctuations; why?

Pressure signals are nothing but waves ***** travel at a finite speed (waves speed or phase velocity) ***** are reflected (especially at the arterial bifurcations)

IN AF

TOTAL PRESSURE SIGNALS at a generic site B depend on:

1) pressure signals at A 2) the local phase velocity at B **3**) how waves are reflected at C

4) distance to the nearest site of reflection BC



FLUCTUATIONS AROUND MEAN VALUES

Phase velocity: 6-18% Magnitude of reflections: 4-29% **To Conclude...**

MAIN RESULTS IN AF

pressure fluctuations around mean values
 extreme pressures at each arterial section
 altered mechanisms which determine the local pressure signals

LIMITATIONS

lack of a baroreflex regulation system
absence of the coronary circulation

FUTURE IMPROVEMENTS/WORKS

improving the actual mathematical model
 inquiring into the role played by the mean heartbeat frequency
 studying effects of pathologies such as hypertension
 entering the world of space medicine (AF during re-entry phase of spaceflights)

Thanks you for your attention!